



COMMUNITY RESOURCE GUIDE-RGV

COMMUNITY HEALTH, BEHAVIORAL, SOCIAL SERVICES RESOURCE

Behavioral /Mental Health Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Tropical Texas Behavioral Health	Provides an array of inpatient and outpatient mental health services for individuals who have a severe and persistent mental illness (depression, schizophrenia, bipolar disorders) or any other serious emotional symptoms that interfere with their daily activities.	2215 W. Business 83 Weslaco, TX 956-520-8800 www.ttbh.org
UTRGV Counseling and Assessment Preparation (CAP) Clinic	Services run through UTRGV that provides counseling services to members of the general community. All services are free of charge. for more information or to make an appointment.	2164 E Jackson St Brownsville, TX 78520 (956) 8827792 https://www.utrgv.edu/cep/research-centers/counselingtraining-clinic/index.htm
Rio Grande State Center (RGSC)	Public provider south of San Antonio, Texas that offers outpatient medical healthcare, inpatient mental health services and long-term services for individuals with intellectual and developmental disabilities	1401 Rangerville Rd Harlingen, TX 78551 956-364-8000 dshs.texas.gov/mhhospitals/RioGrandeSC/default.sh
Children's Bereavement Center-UTRGV	Offers no-cost individual and family grief counseling, peer support groups, and grief camps	2302 S. 7th Sunshine Strip, Suite 202 Harlingen, TX 78550 956-368-4065 https://cbc-



COMMUNITY RESOURCE GUIDE-RGV

Child/ Youth Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Program: Children/Adolescent Mental Health Services Agency: Tropical Texas Behavioral Health	Provides a wide array of outpatient mental health services to children and adolescents between the ages of 0-17 with a mental illness and who exhibit be0 (ho)-1 0.4(ent)-3.gho7 w mlhi3p/Art7d2 rea mentl	



COMMUNITY RESOURCE GUIDE-RGV

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Buckner Children and Family Services Inc.-Rio Grande Valley	Crisis intervention and counseling, short-term counseling for at risk youth and their families, emergency care (youth shelter), youth skills, and parenting classes.	5425 N McColl Rd # A McAllen, TX 78504 956-630-6285 http://www.buckner.org/
Border Region Behavioral Health Crisis Line	Crisis hotline available for Starr County residents.	1-800-643-1102
Crisis Text Line	Serves anyone, in any type of crisis, providing access to free, 24/7 support and information. Text HOME to 741741 from anywhere in the USA, anytime, about any type of crisis and a live, trained Crisis Counselor receives the text and responds quickly.	Available nationwide Text HOME to 741741 http://www.crisistextline.org/
Lifeline Crisis Chat	Anyone who is depressed, going through a hard time, needs to talk, or thinking about suicide can use the chat. Offers online emotional support, crisis intervention, and suicide prevention services.	English: 1-800-273-8255 Spanish: 888-628-9454



COMMUNITY RESOURCE GUIDE-RGV

Financial Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Program: Financial Education Classes Agency: Proyecto Azteca	Help to strengthen families by offering money smart courses, financial counseling, home buyer education, rebuild credit and budget counseling.	1601 E Business Hwy 83 San Juan, TX 78589 956-702-3307 http://www.211texas.org/results/page/?Fist=1&country=United%20States&sp=TX&county=Hidalgo&city=1&org=72605&agencynum=29802718
Emergency Financial Assistance (ESG) Agency: Catholic Charities of the Rio Grande Valley	Provides financial assistance for rent as funding is available.	700 N Virgen de San Juan Blvd San Juan, TX 78589 956-702-4088

Food Assistance





COMMUNITY RESOURCE GUIDE - RGV

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
-------------------	-------	---------------------



COMMUNITY RESOURCE GUIDE - RGV

LGBTQIA+ Youth Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
-------------------	-------	---------------------



COMMUNITY RESOURCE GUIDE-~~IDE~~RGV

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Valley AIDS Council	Provides comprehensive LGBT inclusive STD and HIV testing. Medical providers specialize in the care of transgender women and men and provide treatment and consultation. Also provides affordable HRT and is able to work with different insurance companies.	2306 Camelot Plaza Harlingen, TX 78550 (956) 4282653 https://www.valleyaids.org/

Medical Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Program: UTRGV UniMovil Clinic Agency University of Texas Rio Grande Valley	Provides family medicine and health screenings.	2102 Treasure Hills Blvd. Harlingen, Texas 78550 956-296-1700 https://www.utrgv.edu/school-of-medicine/initiatives/unimovil/index.htm
MHP Salud	Provides peer health education, increase access to health resources and bring community members together with health providers, employers and policymakers to create positive changes.	3102 US 33 BUS G Weslaco, TX 78596 956-968-3600 https://mhpsalud.org/
Access Espanza Clinic	Provides quality, confidential family planning and preventive health services for women, men, and teens in Hidalgo County.	901 S. James St.,



COMMUNITY RESOURCE GUIDE - RGV

Parenting Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
-------------------	-------	---------------------

